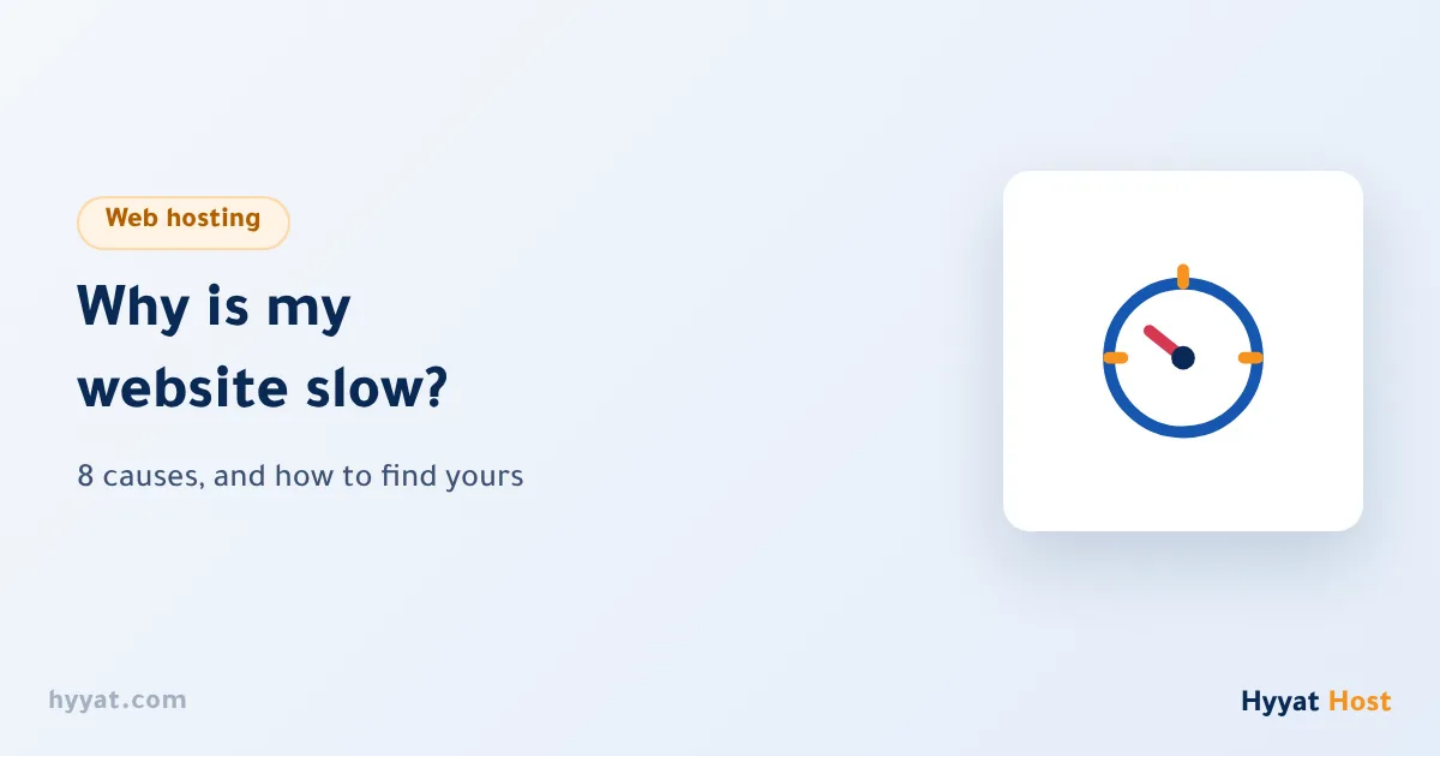
Why Is My Website Slow? 8 Causes and How to Find Yours

Web Hosting · https://www.hyyat.com/en/knowledgebase/why-is-my-website-slow/

In short Measure before you change anything: open **PageSpeed Insights** and see whether the delay is in **the server response** or in **loading the page itself**. A slow response usually means heavy plugins, no caching, or your site hitting its plan limits. Slow loading after the response usually means large images and too many files and scripts. The table in this guide matches each cause with how to spot it and fix it.



A slow website does more than annoy visitors: it costs you orders and enquiries, and Google uses it as part of page experience. The good news is that most causes can be found in minutes without deep technical knowledge.

First: measure speed the right way

1. **Open PageSpeed Insights** from Google and test your home page, then an important inner page, not just the home page.
2. **Look at real-user data** if it is shown; it matters more than the score. The key metric is LCP, when the largest element appears. Google rates 2.5 seconds or less as good.
3. **Find the server response time** (TTFB). If it is high, the problem is in the site or server before the browser even starts loading.
4. **Test at two different times.** Slowness only at busy times usually points to resource limits. Slowness all the time points to the site itself.



8 causes of a slow website, and how to spot each one

Cause	How to spot it	Fix
1. Heavy plugins or theme	The site is faster with plugins temporarily disabled	Remove what you do not need, and find the slowest with PHP X-Ray

Cause	How to spot it	Fix
2. No caching	High server response time on every page	Turn on AccelerateWP or a caching plugin
3. Large images	PageSpeed suggests smaller images or WebP	Resize images before uploading, and use WebP and lazy loading
4. Old PHP version	The PHP version in cPanel is older than currently supported releases	Update it from the PHP settings in cPanel after a compatibility check
5. Slow database	X-Ray shows queries that take a long time	Clean old revisions and spam comments, and repair tables
6. Hitting plan limits	Faults in Resource Usage, or a 508 error	See the 508 error and resource limits guide
7. Unwanted traffic or an attack	Lots of hits on the login page or xmlrpc.php in the logs	Turn on Cloudflare and protect the login page
8. Too many external scripts	PageSpeed lists files from other sites: ads, chat, maps	Keep only what is essential and delay the rest

Is it the hosting or the website?

Try this: upload a plain HTML page to the same hosting and measure it. If it is fast and your site is slow, the problem is usually the site itself: its plugins, theme or database. If the plain page is slow too, or the site is slow only at busy times with faults in Resource Usage, look at your plan.

Distance between the server and your visitors also affects response time. If most of your visitors are in Saudi Arabia, read Saudi or foreign hosting to see when a server inside the Kingdom helps.

Running WordPress? Hyyat Host WordPress Hosting is set up for WordPress, with WP Toolkit and speed tools in cPanel.
Rather not dig into it yourself? Our technical support and maintenance team can check your site, find the cause of the slowness and fix it.

Summary

- Measure first: is the delay in the server response or in loading the page?
- The most common causes are heavy plugins, no caching and large images.
- If Resource Usage keeps showing faults, your site needs more resources.

Pick hosting that fits the size of your site with our hosting selection guide.

Frequently asked questions

Why did my site suddenly become slow?
Look at the latest change: a new plugin, a theme update or unusual traffic. Check Resource Usage in cPanel to see whether your site has reached its plan limits.

Does more expensive hosting always make my site faster?
Not always. If the cause is a heavy plugin or large images, the site will be slow on any hosting. Fix the site first, then upgrade if you still need to.

What speed should I aim for?
Google rates the largest element appearing (LCP) within 2.5 seconds or less as good. Aim for that on both mobile and desktop.

Will Cloudflare make my site faster?
It helps deliver static files from a location near the visitor and blocks unwanted traffic, but it will not fix a heavy plugin or a slow database.

Related guides

- How to Fix a Slow Website Using PHP X-Ray
- Speed up WordPress websites with AccelerateWP
- 508 Resource Limit Is Reached: What Hosting Resource Limits Mean and When to Upgrade
- What Is Cloudflare? How It Works and Why Use It for Your Website
- Saudi or Foreign Hosting? The Real Difference and Which to Choose
- When Should You Move from Shared Hosting to a VPS? 7 Clear Signs

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Need this service from Hyyat Host?Our team handles it for you, with support replying to tickets within 24 hours at most.

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